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THE JUNGLE TIMES PODCAST
ON NATURE AND CONSCIOUSNESS (PART 2)

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Music

The Jungle Times Podcast
On Nature and Consciousness (Part 2)

Hello and welcome to The Jungle Times Podcast. I'm Lawrence Poole and this is Episode #16. It's called: On Nature and Consciousness (Part 2) of a two-part series.

In Part 1, I discussed the nature of consciousness from my own perspective... I told you about my 4 near-death-experiences and what I learned about the essential "I am" from each of them.

My 4th death experiences taught me about subjective awareness - from the BETA states of consciousness as measured on an EEG to the meditative ALPHA states, then the THETA and DELTA dream states, to reach the Ømega point, where I stopped time and saw God.

In that journey, I communicated telepathically with a higher frequency of intelligence that I referred to as *my Holy Guardian Angel*.

Now, in this Second Part, I'll look at consciousness from the perspective of Creator's INTENT - that is to say: *Consciousness as a building-block of this physical universe*.

I mentioned that I live my life in a state of grace. I've repeated that God is my friend and, in the 45 years since my tragic car accident, I've been totally aware of His grace in my life.

I'll start by saying that several theories are currently explaining the origin of the universe. Some believe that it is we can measure a beginning about 13.8 billion years ago. Others say the universe is infinite and, regardless of the duration of all its parts, the whole had no beginning, nor will it end. Many believe God created the world, but they are fuzzy or silly with their details. A few understand that God IS the whole universe – physical and potential. Like drops in an ocean, we are all parts of *an infinite sea of consciousness* that is God manifest. God as physicality is built from there.

I am aware that the infinite awareness which surrounds me is energy. I am *aware of awareness*. In my 4th death experience, that higher

The Jungle Times Podcast

intelligence offered to teach me 12 principles that introduced me to THEO/physics - a worldview that includes both objective physics, and a parallel system of subjective metaphysics. The result of this is that is I now see myself as *the luckiest man on Earth*.

The “what is” and the “what I believe is” are both assembling my perception of the world. The science of Theophysics allows me to evaluate my beliefs in the mirror of Creator’s INTENT – i.e. –

Physics + Metaphysics = Theophysics.

From the Theophysics perspective, universe is a Time-Space-*Consciousness* continuum. Consciousness can be explored from the 5th dimension, and I’ll described how later in this presentation. We can ascend to God and reach a Superconscious state of being in the 8th dimension. I’ll explain that too.

In the meantime, you should know that a dimension describes the direction in which your mind can move. In mathematics, dimensions describe the minimum number of coordinates needed to define an item, so any object really. A line, for example, can be expressed as a 1-dimensional object (1D) because only one coordinate (length) is needed to describe any point definable.

A plane surface has two dimensions (2D) because two coordinates – latitude and longitude - will describe it. Similarly, cubes, cylinders, spheres, and other solid forms are expressed in 3-dimensions (3D) because 3 coordinates can locate any point within the form, as explained with Quaternion Vectors in Trigonometry.

Classical Physics then, let’s us to imagine a 4th dimension, the Space-Time continuum. This includes events not specifically defined but known to exist relative to an observer. Even if something is unknown today, that doesn’t mean it will remain unknown tomorrow. Aside from all that is, an infinite potential exists, at all times.

Einstein’s equation [$e = mc^2$] explains the relativity present in the “observer effect”. How we observe them focuses our attention on one aspect or another. Our observation – how we see – defines what we see, relatively speaking.

The “observer effect’ is to be resolved as a 5th Dimension Space/Time/*Consciousness* continuum.

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Quantum Physics adds Planck's equation [$e = hf$] to the list of universal truths to relate this fact. That mathematical idea reminds us that universal energy is a constant. It's what lets you download movies off the internet – the movie as sight and sound convert to waves of energy, that travel in the world wide web to your wireless devices. Because all is energy, it is easy to manipulate, direct and manage sight and sound.

The introduction of the 5th Dimension allows you to expand your M.I.N.D.* - I use the acronym M.I.N.D. - *Move in New Dimensions.

Your right-brain hemisphere manages your life experiences (whether you are happy or sad, stressed or relaxed, reactive or creative, etc. This is where your imagination and dream are manifest and where you emotionally and spiritually connect to life. It is also where you are connected to the universal whole via the 5th Dimension. Your right-brain hemisphere links you to morphic sea of awareness ... *that includes God-consciousness.*

Like the resonating twang of a guitar string, a morphic resonance is created as a secondary field of energy. The universe of matter includes *morphic fields of memory* in consequence of its very existence. The morphic field are a function of both the electromagnetic force and the Strong Nuclear Force.

In simple terms, since the beginning of Time, the continuum has been creating a magnetic memory of itself. At this morphic level, every thought can be seen as a drop in a sea of memory, of what is called the flow or stream of *consciousness*.

You can tune-in to that infinite flow of awareness *consciously*. You can access any of it... all of it.

Many creative people are somewhat aware of the idea. I remember a journalist asking Keith Richards of The Rolling Stones about his ability to write great music – despite his brain being scrambled by a lifetime of drug use. Richards laughed and answered: *"I don't write the music. I just dream Rock 'n Roll Heaven... and all the music is there."*

His right-brain hemisphere logs on to the passive side of Infinity, the dream world from where the energy of universe, the active side, is assembled.

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That active side, the movement of universal energy, is self-correcting. I described Nature's 9 self-management rules in Episode #3 of the podcast. The Survive & Prosper law obliges us to self-correct, to self-empower.

Your genetic code is wired to answer the Survive & Prosper circuits in your reptilian brain. Any mother of an infant born damaged or weakened will testify to how that child displayed extraordinary tenacity and resilience in its quest to live, to survive.

Imagine the genetic code that you inherited from your father and mother as 2 decks of playing cards. Each deck contains one the genetic history of one parent. In the moment of conception, two decks – dad's sperm and mom's egg - are shuffled into a brand-new deck: *You*.

You are a new deck of cards, but you were assembled from old cards, from genetic memories. Your DNA code is a new assemblage of old cards. They determine your physical health and emotional characteristics to a large extent, and your intellectual acuity - to say your organic strengths and weaknesses, and more. Are you bald or do you sport long golden tresses? Are you strong or weak, attractive, or not so much, courageous or less than that???

I attribute my own survival from the ordeals I've faced to (A) knowing that God is my friend, and (B) being aware of the powerful genetic material I was given. My DNA was well selected. My people are blessed with long life and high IQs ...among the gifts we pass along.

As example, my father died during an operation for a ruptured aorta when he was 89 years old. He slipped on a stair, fell, and damaged his descending heart valve. Otherwise in excellent shape as he'd become a professional ballroom dancer after he retired, for some reason his blood did not clot and he bled out.

My mother also earned a Fellowship from the International Ballroom Dance Federation when she retired. She was in super shape but accidentally fell when aged 85, and then broke her hip. She weakened, succumbed to a malady, and died at age 92. She'd been heart-sick since my father passed 10 years earlier and yearned to dance with him again.

The Jungle Times Podcast

Of all my grandparents, the youngest died at 84 so I inherited great genes. But my great-grandfather was an Ozark Mountain man from Arkansas and, well over 6 1/2 feet tall, I have a picture of him with my great-grandmother. It shows her to be tall as well. In consequence, I am 6'4" tall, my younger brother is the same height as me, and my son is 6'5", taller than both of us.

I supposed my daughter would also be tall, so I made it a point to tell her she was shaping into a beautiful, *tall*, girl. I steered her to see tall women in the media as positive images. She stopped growing at 5'7" and was scandalized - "*You promised...*" she accused me. Thankfully she added another 2 inches the following summer, and I saved face. She stretches it a bit though. When asked how tall she is, she happily replies: "*Almost 6 feet... with my heels!*"

We know that our genetic baggage is responsible for many of our metaphysical traits too. My Mom & Dad had exceptional careers as did all their children, my brothers and sister. I can tell you my grandkids are highly gifted and doing super well. My constant advice has been - *Invest in your creative capital! Do what you love... and let money follow.*

Studies suggest we inherit about 70% of our talents from ancestral donors. Our aptitude to lead, or having any skill or talent, is most probably part of our family tree. That doesn't stop anyone from developing any talent, but some will have greater ease tracing the required neurological pathways than others. For some, the subjects feel very natural.

Read your family tree as this will allow you to find traits that predict your own dominance. You came into this world with talents and abilities that must be developed, even if you might also be weighed down with ancestral baggage. It is not enough to have potential. As I've told my grandkids so many times, potential must be worked.

A friend of mine teaches psychology at a university and he told me that by the end of the first week, he has figured out the psychological need that has brought every student in his class. He knows exactly what everyone wants to understand or to correct.

The Jungle Times Podcast

I've inherited a lot of positive traits I'm thankful for, but even if my father's father was a symphony violinist, a composer, and the Musical Director of Gayety Theater in Montreal – but despite that DNA, I can't carry a musical note in a bucket.

All to say - Are you aware of your genetic inheritance? Does dis/ease or any medical problem run in your family? How would you assess your own state of health? What positive character traits have you inherited, and what ones do you find challenging? What talents and abilities do your genes promise you? What aspects of your structural capital (i.e. – those talents and abilities) can you develop? Do you find it easy to develop your client capital – or your relationships? Are you actualizing your creative capital, your personal contribution to life?

Your environment helps you fashion your responses to life's challenges. You learned about good and evil from your significant others. In fact, your immediate family told you what you should think, believe, say, and do.

Our culture guides us. As a Canadian, I was taught to behave like a kinder, more gentle, American. I took that to mean that I should assert myself, and then negotiate outcomes with ethics. I learned that religion wanted from me. My experience in monastery for the Christian Brotherhood when I was 13 years old, required a vow of obedience. That was my deal breaker.

When I was 17, I learned what the state wanted from me. I joined the Canadian Navy to serve but discovered that all it required from me was my obedience to their commands. Mistake. When I was 22, I found out that business also wanted something from me. While there is nothing to obey in business except the law of success, what it wanted is *my soul*. But I also found out that you can push back, that you can resist big business, you can still play that game. Only, the rules will have changed.

Most of us are subject to limits and taboos and shame that reflect the beliefs or morals that our tribe espouses. We inherit their old paradigms. We are loved... *with conditions*. Most of us adjust to rules rules that we never debated, nor even fully understand.

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In an easy example, my folks believed kids should go to church on Sundays ... but rarely came with us. My mom dressed us nice and got us ready and eager every Sunday, and on special occasions, but ever so rarely actually accompanied us. I never knew what they were doing at home, alone, on Sunday mornings ...except that, in adolescence, I had an AHA moment and got it. NO KIDS! You can do the naked monkey dance.

Some of you were told that they you good, skilled, talented, that you have worth and great expectations. Others were abused, told they have nothing to offer, that they are stupid, bad.

All to say that in no way - not genetically, not socially, not economically, not physically - were we created equal. Not even in law as the secret to good representation is measured with wealth. We were not created equal and as proof let me offer an anecdote: One day, I met and befriended a nice young fellow who adopted me. He offered to push me in my wheelchair and to help me with anything I might need.

I soon learned that the poor kid had no barriers whatever though. The fellow is doomed because he was born with *fetal alcohol syndrome* and his neo-cortex was damaged. Those neurons that make up his feedback system and make him aware of his behaviour are non-existent.

The young fellow has little chance for self-improvement because he has a low sense of self, and an attention deficit disorder that doesn't let him see that or remember it from moment to moment. He'll continue to be curious but remain rambunctious, undisciplined, and maybe even dangerous if not placated, as he grows into an adult.

I saw how he was tolerated by the community and thought he was lucky to be a member of the Cree tribe in Far Northern Quebec. Here the whole village will care for him. His parents were victims too – of the abuse perpetrated by Canada's aboriginal assimilation programs. Alcohol was their medication of choice. I thought about how he'd be regarded in the big city, in the busy barrio.

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Many kids were shaped in some amount of negative conditioning. Adults often act like kids secretly know what they should do and how to behave properly, but they refuse to be good and must be punished.

How many of you had a wise and patient parent guide you on how to develop your potential, your creative intelligence, and your capacity to love, to feel joy and acquire personal power?

A home environment can help or hinder, or even break one's spirit. This is not a moral judgement but a simple observation from the discussions I've had with people I've met. If you tell kids that they are no good, that they won't succeed, or other such things, they'll incorporate that negativity into their self-talk and it will follow, or should I say precede them, all their life.

Studies tell us that negative expectations contribute to negative results. Our self-talk tells us how to *view* the world. It also builds or our self-image. The inner dialogue assesses potential, chooses options, and selects directions.

If children are encouraged to try, persevere, and adjust, to put their best effort into every task - and if you reward them when they do good - most will succeed at any project they undertake as adults. This is neither a prophecy nor a miracle. It is *neuro*-logical!

What were you told by your loved ones? What emotional logic guided you as a child? What reflexes from your past dictate your behaviour today? Are those reactions still appropriate? Does your emotional apprenticeship boost your self-esteem, or does it sabotage your happiness?

The neural circuits you etched in your brain determine the value you give to words, ideas, and concepts. Conscious of the alphabet effect on the brain, linguists say that our relationship to words change everything in our life, allowing us to code and decode our thoughts.

I'll sometimes challenge people in my workshops with the idea that words shape our paradigms. I'll say - "*I love fish. Do you love fish?*"

If the group answers yes, I love fish, I push the idea to ask why do you love fish? Some folks say - *I think it's delicious!* - or other ideas

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talk health benefits or texture. I act horrified and then explain that I LOVE FISH: *I have an aquarium at home worth a small fortune. I love fish so much I could never eat one. I call them Cannibals! Assassins!*

People laugh at my folly, but my point is that even if we trade words we know, agree to, and get, it doesn't mean that we are *trading meaning or truth*.

Large numbers of people have inherited a view of the world that is reactive and suggests life just happens to them. They never question it. They remain victims to imaginary dragons. Whether they know it or not, being a victim offers little or no control over the events that mark life.

A few of us are fortunate enough to have learned that we are responsible for all our life *and afterlife* decisions. Even if you do not choose the events and circumstances that shape your life, you do have a choice on how to view those events and circumstances.

The accident that put me in a wheelchair was a disastrous and tragic event -or - the accident was a learning experience and a challenge.

In my case, I was curious to see if I had *the inner stuff needed* to overcome the obvious negative impact. Could I truly rely on my *Friend*?

In a previous podcast, I suggested you read a book called "*The Self-Aware Universe*" by physicist Amit Goswami. He describes how a sense of "self" and thus self-awareness are inherent qualities of the universe.

I put a link to a FREE pdf of his book with the description to Episode #15. In it, you'll discover that God-mind – Self-consciousness – is the building block of this physical world. God is manifest as the Light constant awareness, and so God is the relative energy of «Big Bang». I explained the 9 principles of self-organization that accompany the emergence of life from organic molecules in Episode #3.

The Jungle Times Podcast

Quantum physics explains how this is *indivisibly* so. God is indivisible from His creation. God is an inherent part of your very nature, your very *self*.

Mathematics is the language of universe, and it allows us to imagine existence before creation in the equation [$e = mc^3$]. Try this mental exercise: In your mind's eye, see 3 lines of axis that are intersecting at a relative center. These extend outwards to a relative circumference.

They represent energy contained as Time, Space, Mass. Those waves of energy are collapsed into the center as a point of fusion [$e = mc^3$]. So now imagine limitless potential as if a grain of popcorn. Creator's INTENT is the heat that organizes the point of fusion [$e = mc^3$] until it BIG BANG into existence, releasing all of its limitless potential, including the laws of creative design, from a state of non-existence except as a mathematical potential, to a state of Time-Space - Consciousness as Here/Now manifest.

That equation expresses energy as a Time-Space-Consciousness continuum contained at the point of fusion. It was a solitary point of no thingness contained at the centre of a black hole. That hard grain of corn popped into the edible popcorn kernel that we know and consume. God is the potential ALL in all is the point of fusion, the ONEness, the ALLness. Then, at a specific point, God Big Bangs into everything that was, is and will be.

In the instant of creation, God-potential contained as [$e = mc^3$] is released in a big bang and then expands into infinity. Rapidly cooling, the expansion slows to [$e = mc^2$] and is measured as energy coalesced from the forces of universe. God/creation is you, me, and all the rest of the energy of universe, on into Infinity. From the tiniest sub-atom to the supernovas and galaxies, all of it – everything in the Space-Time continuum - is indivisibly bound to a metaphysical beginning, to God-consciousness.

The forces in universe include a magnetic attraction that causes complex system to record memories of themselves. This makes lifeforms self-correcting. The whole of creation akashic record offers billions of years of evolutionary information. The physical universe is indivisibly bound to the ONE. Quantum science confirms how the space-time continuum is Light as waves of vibrational oscillation.

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Light can be understood in terms as amplitudes, magnitudes, and frequencies of energy, and then mass.

We do not experience this as fact because we experience a capitalist philosophy maintained by an elite few who act with self-interest.

I make this point because if you realized that you are – you and your family and friends – as much a part of God as the greatest saints and sorcerers that ever existed, as great as the elite few who are alive today. God is not something you might one day become, a vague promise like pie in the sky after you die. God is what you indivisibly are right now. Like a drop in the ocean, you are just as wet, just as salty, just as valid and worthy as all the other drops and thus as the whole of creation. Consider this question from your “I am” position:

“Is this best that my world can be managed?”

Your challenge is to expand your awareness of who you are. More than looking back in time and seeing yourself as the son or daughter of so and so, and more than your earliest memories and all you were told, you should know that you are more than that.

The interesting question is this: *Do you want to keep on living in a world hell-bent on self-destruction because of the agenda managed by greedy Banksters and Billionaires? Or do you want to step up, become an authentic leader – i.e. a person who is passionate about life, can commit to a cause, and has the courage to provide the good governance needed to build a better future.*

Authentic leaders **are true to their sacred identity and to spiritual principles that guide them.** In thought and deed, authentic leaders follow the path of their heart.

I’ll be right back to tell you how that can happen for you, so stay tuned.

The Jungle Times Podcast

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INTERLUDE

Welcome back. So far, I made the point that memory is built into the universal system. Because they've acquired sufficient memory to wonder if it's all worth it, many people might question their choices. We look for answers to the questions many have asked before – *Who am I?* and - *Where am I going?*

Answers to these kinds of question can alter your sphere of awareness, or what the respected teacher Teilhard de Chardin, a French Jesuit theologian, philosopher, and paleontologist, named the noosphere.

Noös is a Greek suffix that means *Intellect* or *Intelligence*. The noosphere refers to intellect – mind – but in a tangible form. It refers to both the structure or context, and its content. Your structure is the sphere of energy animating your 3-dimensional body. Your content is whatever you know, think, and believe.

This idea is well explained in a book called *The Crack in the Cosmic Egg: Challenging Constructs of Mind and Reality* by Joseph Chilton Pearce. I'll put a link to where you can download a FREE pdf copy of his book with the description to this podcast.

We are perceivers! This is probably the most significant discovery of the second half of the 20th. century. We perceive a world that is "out-there" – outside of our noosphere - by interpreting signals "in-here" – inside our noosphere - ...in the realm we call « brain/mind ».

Our perception is dualistic [I (in here) + not-I (out there)] ... in a universe that is clearly not.

Trauma causing sudden gain or loss, or a conscious effort will also bring alterations to the noosphere. Mine was badly damaged by a car accident. I consulted with my Neurology team on several occasions as ways that it affected me were manifest. From an example, for several months after I was hospitalized, I lost the ability to read, and images from my dreams were imposing themselves on my waking states. I thought I was hallucinating. I learned that my crushed spinal cord was mixing up my sympathetic and parasympathetic nervous systems.

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I was told to try and ignore it all, that it would probably resolve itself. If not, they'd deal with it then. After a time, it did mostly rectify itself. And the phenomena proved invaluable when I started contemplating Nature. For an example of what I mean, here's an anecdote.

During one of our first trips to Central America, we decided to see if we could (me in a wheelchair and all) could visit the Poas Volcano. We drove there early one morning and arrived just as a ranger was opening the gate. When he saw that I was in a wheelchair, he told Suzy to us drive to the volcanos very edge, deposit me and bring the vehicle back to the parling lot, a distance 200-300 meters away.

I was able stare into the crater and smell the sulphur fumes. Next, we learned about a second crater, one filled with emerald-green water like a primordial soup. There was a narrow trail to hike, up the mountain about 15 minutes. We were discussing when another couple, eager Canadians, assured us that they would help, that between the 4 of us, we could make it.

We were all younger and more foolish, so we agreed. After about 5-minutes, faced with a wet and very slippery, near vertical trail, we made another plan – You guys go on, I'll wait here, and you can pick me up on your way back. I assured them that I'd be fine. I would do some observation and contemplate. Off they went.

I figured they be gone for 30-35 minutes so I moved off-trail a little way and found a likely spot. Sitting near the center of a small clearing, I crossed my legs, found equilibrium, closed my eyes, and emptied my mind. My inner dialogue slowed considerably when I felt a presence. I slightly opened my eyes and saw a rather thick cloud of very tiny insects surrounding my head.

This startled me out of my reverie, and I suddenly saw the cloud disappear.

Wow! It was so surprising that I wondered if my crushed spinal cord fibres were acting up. I remember my discussions with the Neurology Team: Occam's Razor: Also known as the 'law of parsimony' this tool avoids unlikely explanations brought by a runaway inner dialogue. Essentially, when faced with competing explanations for the same

The Jungle Times Podcast

phenomenon, the simplest one is likely the correct one. Just test it and see.

I figured that the insects could be so small that they are not visible to my normal perception in the Beta brainwave state. I relaxed again, contemplation requires an Alpha state of mind, chill, relax. I opened my eyes a tiny slip and saw them again. It was as if I was wearing a deep-sea diver's helmet. I felt inside a bubble of insects. They were buzzing but never closer than 2-3 inches from my face. I watched them for some time through the lashes of slightly closed eyes

At a certain point I heard footsteps and opened my eyes. The bugs disappeared and instead an American guy, with a long sleeve shirt, a baseball cap and a camera around his neck stumbled by, saw me and said: "*What the fuck are you doing there?*"

I said: "*Meditating!*"

He put his finger to his mouth in a shh movement and said: "*Oh! I'm so sorry...*" and he tip-toed away."

My group soon returned and when I laughingly told them what had occurred, the other Canadian said: "*What a story you gave him for the Thanksgiving Day meal.*"

Reaching adulthood, many people want to take responsibility for how they think and how their thoughts are molding their life. Are you are shaping *your happily ever after life...* or are you not? Do you even know what an empowered life looks like? Give it some serious thought.

If you don't think about where you're going both now, and in your afterlife, then you're just copping out. Non-believers are like children who say: "*I don't like it!*" if they have never tasted it before.

If you are not interested in discovering about your spiritual self, before being definitive about the non-existence of spiritual life, I suggest you read the accounts of people who have died and come back to write about it.

The Jungle Times Podcast

Medical science is pushing back death's frontiers and the testimony of survivors is about as close to the truth as you will get without crossing over yourself.

It is time to discover that "*You, your soul, your ENERGY, does not die.*"

My own NDE experiences convinced me of that fact – even if I had never argued with God in my life. That old God is a man idea was altered when I entered a juniorate of the Christian Brotherhood. Also, my 4 NDEs gave me a newer vision – God is the limitless oscillations of vibrating energy, or the l.o.v.e.* of universe.

God is my friend and I deeply appreciate His organic management system.

*Most people don't stop to question their life decisions, nor do they recognize how the effect of paradigm is shaping their worldview. How you think is limiting you. **There is growth and higher potential beyond your limits.***

If your thinking tends to go towards end-of-the-world scenarios, I promise that you can lose yourself down that rabbit hole if you want to, by watching the dozens of video on YouTube that'll show you every possible way we (or our God-Father) can destroy the world.

The science says Earth, without humans, will completely recover from total environmental destruction, and become paradise again in a maximum of 7 million years. The bottom line is this: Energy cannot be destroyed, but it can only be transformed.

Millions of people have already experienced a paradigm-shift in thought, and it has allowed them to allow their higher "self" to emerge. Many more are claiming *individuality* and are developing their creative capital.

Regardless of its content, your noosphere can discover how you are part of a larger field of awareness right now. Universe as energy is infinite, indivisible, and *spiritual*. Universe is the intent of a self-organizing consciousness that the ancient sages called God. Today, science calls God *the great architect*.

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The realization is you can be indivisible ONE with God, will modify your sphere of awareness over time so you respond to your true will and an evolutionary direction. God-awareness will not impose itself on you. You must open yourself to God-spirit.

« God-awareness » allows participants to access a greater "flow" of intelligence that they can dream of, and to then access a greater frequency of "aha" moments... but if you resist higher awareness, you must remain oblivious to it.

My only question is this: *“Why would you deprive yourself of the only real power that is available to you... to attain ONEness with creative Intent... while still alive.*

Learn the new rules and discover a direct relationship between your moods and your mind. I explained the process in Episode #5 of this podcast, called L.O.V.E.* is magic (and Nature’s law). A result is manifesting a worldview aligned with Creator’s intent.

New neural links can be etched in your brain at any time. Your reactive and habitual way of linking your awareness is not the only of connecting with the intelligence available to you.

Whatever you think is true IS TRUE - or soon will be - BECAUSE YOU THINK IT SO.

But try this: Drink a glass of beer and then feel your brain chemistry *and mood* change. Depending on your mood, any manner of information can be retrieved from universe and attracted into your sphere of awareness. Mood attracts awareness and presents it to you as your reality. Mood ultimately shapes your mind, your body, your health, and your wellness.

Imagine your mind being fed from 3 sources. Your mind includes your awareness - knowledge, experience, and desire - used to relate to the world. Outside of this conscious awareness, you can also access sub-conscious awareness. Then, with a little practice, you’ll access the near infinite collective unconsciousness – the world of dream, and then reach Super-consciousness, or Rock n’ Roll Heaven.

The Jungle Times Podcast

Your noosphere can be modified in terms of its content (memory) and its context (how your memory is used). Changing your mind is tricky as you shouldn't reduce your brain's neurons. Watch the movie *One flew over the cuckoo's nest...* to understand why not. Nor do we force a mind to change without breaking it. See *The Manchurian Candidate* to understand the reasons why not.

The only way to change your mind is to ADD new information to it. You can add new links in your brain... You can strategically experience a mind-expanding CONTEXT and access much more CONTENT.

The context will explain the physical fact – that is HOW you experience information – and the content explains the subjective information you are perceiving – the images from memory. I'll give you an example: If eating a local food staple is the context, the content experienced by North Americans is potatoes, Asians think rice and Europeans might agree that bread is their staple.

We can transform of our knowledge of the world just by learning to think with a creative context. You can transform any life experience by learning strategy. You can transform your desires by learning self-motivation. Adopting this process moves you operating with a reactive worldview to a proactive one.

Thinking creatively begins by choosing *to change your habitual way of seeing the world.*

In Episode #6 called "From my Toolbox", I introduced a few thinking tools and templates like Abstract thinking, Lateral thinking, and others. These allow different neuropathways to be experienced so that old thoughts and memories are experienced in new ways.

Proactivity – or conscious doing - is the requirement to becoming more intelligent. You can add a creative strategy to your perceptual experience.

I've recommend studying "games theory" if you are unfamiliar with how strategic thinking can help you improve your life. You can download a FREE pdf of the book *Finite and Infinite Games* by James Carse by clicking the link on the description to Episode #3 of

The Jungle Times Podcast

this podcast.

(<http://www.thejungletimes.com/page/downloads/files/Finite%20&%20Infinite%20games%20by%20James%20Carse.pdf>)

A proactive attitude means evolving a dominant personality to some extent to attain your true will. To do this, you must learn to fix and to meet goals. We can strategically develop *personal power*. It comes naturally from meditation, contemplation, and yogic exercises. Techniques like those are designed to help us integrate changes quickly and efficiently.

Knowledge + Creative process = Creative intelligence. The word intelligence is composed of 2 Latin words *inter* and *liga* and they mean *links between*. Intelligence measures how we make links with knowledge. And as you know, we can make positive links as well as negative ones, creative links, or destructive ones.

Experience + Strategy = Wisdom. As you learn to shape your future, instead of reacting in habitual ways, you'll become a better thinker who can more wisely actualize yourself. Old habits will fall to your empowered attitudes.

Desire + Motivation = Will. Transform your desires by filling needs. Claim your individuality and its resulting evolution. Your most creative act of all is realizing that there are no limits to the process: The more we act to build a better world the more we will actualize the Creator's intent. Motivation has to do with movement and motives. Personal power is result of the process.

Think about it. I'll be right back.

INTERLUDE

Welcome back. In the last segment I stated that you have the capacity to connect with the mainstream of consciousness. You can expand your mind by aligning with Creator's INTENT. I said that the requirement is to add to your awareness through the 8 human dimensions.

In the 1st dimension we deal with the physical plane, the world of things, objects, matter, and mass. We inherited the awareness that our world is a jungle out there, and we are commanded to survive. Survival needs can be mastered by adopting the equation "Power minus Obstruction equals Vitality" ($P - O = V$).

That tells us, to actualize our potential, we must eliminate every obstruction to survival. As you most probably know, obstructions can come from within – like dis/ease or one of those deadly sins - or without, from enemies or viruses.

Eliminate what ails you and vital energy and health are yours to enjoy. In the first Dimension, we explore the physical plane reality to *survive* – i.e. [$P - O = V$].

In the 2nd dimension, to prosper, we choose from the emotional plane of existence. Good or evil, mania or depression, life or death, up or down, do or don't, we make choices.

By cultivate good relationships you can add to your client capital and prosper. I mentioned how we prosper *with* others because prosperity is a "we" concept. Because all is energy [$(e = mc^2)$ & $(e=hf)$], so in this 2nd dimension you work at being love-*able*, lovable. You should act in a way that lets people love. Recognize that altruism is in your own best self-interest. It is also Nature's law. You can develop the client capital needed to prosper, and then you'll influence world events. You can help others.

In the 3rd dimension you master the Intellectual plane so you can better Think, Plan, Strategize. This is the social realm of existence, where share our beliefs, philosophies, ideas, and desires. While your sphere of awareness might not contain all the facts required to share in the Master-M.I.N.D, you can open yourself to the prospect.

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I was blessed to have my mind changed in a single instance when I had my out-of-body experience. I mentioned that I shared a dualistic way of seeing, like most everyone does. My perception was formed in a “I-not-I” way of seeing that does really exist in the universe at large.

The word describes it as *UNI-verse*. ONE. In the 3rd human dimension, we learn to manage the dichotomy between what *we believe* is and *what truly is* with the mathematical equation $[(+1) + (-1) = 0]$. To your Known, add the Unknown and arrive at Known + Unknown = Infinity.

You are required to add an understanding of yourself as an energy being to your normal perception.

I mentioned that reality of who you are is not either a physical body /or an energy soul, you are both. Your physical body/mind is energy.

In the 3rd dimension, your intellectual work is to *understand your creative potential* in terms of the Amplitudes, Magnitudes and Frequencies of God’s limitless oscillations of vibrating energy (* His l.o.v.e.). To your known (+1), you add your unknown (-1) to arrive at the universal $[(+1) + (-1) = 0]$.

Next, in the 4th dimension, you can ascend to the Spiritual plane of existence. More than your logical mind, you also have a mind devoted to imagination. A wealth of awareness is available to us as morphic energy. Ideas that we haven’t even entertained yet - are also part and parcel of our potential.

Your own creative capital includes everything you think PLUS what others think. Your creative capital includes your ideas + other people’s ideas.

An alchemical formula called the “Tetragrammaton Equation” $[1 + 2 = 3 \Rightarrow 4]$ explains how a morphic realm includes a creative hierarchy that governs logic. Visually, if you align 3 triangles into a solid form, a 4th triangle emerges and a tetrahedron is created $[1 + 2 = 3 \Rightarrow 4]$.

If you see the tetrahedron as 3-sided pyramid you can easily imagine energy ascending as a spiral, from the base to the top.

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Ancient Kabbalists believed this equation was the key to understanding creative emergence. They saw it as a sacred principle, and used the symbols Yod, Hé, Vau, He - meaning Fire, Water, Air, Earth to explain it. The equation becomes Fire + Water = Air => Earth. The letters YHVH were pronounced Yahweh, and later translated as Jehovah, or the Lord God.

The 4 symbols are repeated as the 4 forces in universe (the Strong Force, Electromagnetic Force, Weak Force, Gravitational Force) and the 4 proteins in the DNA code: Adenine, Thymine, Guanine, Cytosine.

Readers of the Bible have the tendency to see the formula of creative emergence as a bearded old man with power and wisdom, and some people think He has attributes like infinite love and maniacal vengeance, but in fact the equation should be seen as [Ego + Identity = Personality => SELF-Empowerment.

Next, in the 5th dimension, you'll explore the morphic fields of intelligence. From the point of fusion at [$e = mc^3$] through that Big Bang beginning of the world and all that is, you should arrive at a synthesis to explain perception from Body + Consciousness = Mind.

Mind is a result of the process. The process begins with CHOICE. If you choose to experience Creator's INTENT, then you rise to the Atmic plane of existence, fusion at [$e = mc^3$].

The dictionary describes the Atmic plane as a state of mind wherein you are aware of the illusory nature of the world and thereby work to transcend suffering and pain, to attain peace and joy. *Eastern traditions* suggest the Atmic plane is a state wherein you are soul, having relinquished your attachment to the material view of the world, you now recognize your identity with God, and you work to escape samsara, the wheel of karma.

With the Atmic perception of the world, ideas are perceived as the result of the relative speeds of frequency between consciousness and the brain.

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At the Monadic plane, you learn to move your assemblage point of awareness from the Gamma and Beta brainwave states at 40+ hertz, slowing through the Alpha, Theta, Delta states, to reach the Omega point - Ø at *Stop Time = Pure Light*.

In the 6th dimension, at the Monadic plane of existence, the preoccupation is with our evolutionary direction: What do we need to do to reach the Omega state. When you consider your physical, emotional, intellectual, and spiritual realms of existence, where do you have to adjust so that you live in a state of grace?

A lot of folks will have misguided, religious, or moralistic views about what this state of grace means - but they'll also have a "*God is an old man somewhere out there somewhere...*" belief system devised for an Old Testament kind of world.

My question has more to do with attaining that alternate way of leaving this planet: *We can die off or dream ourselves away*.

In the 7th dimension, called the Logoic plane of existence, the focus on self-actualization. Your evolutionary journey is from apes to angels. Each must do his or her work.

In fact, you are the only person who can do your evolutionary work. You must focus your life on waking inner power. Let me paraphrase a famous Talmudic quote: *If not you, who? If not now, when?*

You must actualize your link to the 8th dimension, the morphic plane of awareness. You can connect with the mainstream of consciousness, the God-M.I.N.D.* and, like Jesus Christ, you can then *declare "The Father and I are ONE."*

You can stop TIME and claim your SUPER_Consciousness.

Leader: Know thyself!!

Most often, our capital worth is measured in terms of an IQ score.

Your IQ, *Intelligence Quotient*, will be scored on what's called the Wechsler Adult Intelligence Scale (WAIS). Mine IQ was tested a few

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times in my life – when I joined the Royal Canadian Navy, for example, and when I was hired by a US company.

Modern IQ tests focus on specific abilities such as mathematical skills, spatial perception, pattern recognition and language abilities. A capacity to see relationships, to solve problems, and to remember information are important components of an intelligence test, so these are the skills where they tend to focus.

Testing your IQ is not an exact science. It may seem that way, but it is not. Test scores are estimates based on your performance on any day. There is always a margin for error. An "actual" score could be a little higher or lower than a test indicates, though it is always somewhere within a margin for error.

According to statistics, a majority of American citizens have an I.Q. measured between 80 and 120, with 100 considered as average. A person with an IQ as low as 75 can be gainfully employed if completing menial tasks, and someone with an IQ score less than 70 is diagnosed as having mental retardation.

If your IQ is 100-115, you are considered gifted. You are highly gifted at 130-144, very gifted at 145-159, exceptionally gifted from 160-179 and a genius when your IQ is 180 or more. If you want to compare your IQ with contemporary thinkers, Einstein supposedly had an IQ of 160, as do Stephen Hawkins and Bill Gates. Elon Musk's IQ is reportedly at 155, and ex-president Bill Clinton, a Rhodes Scholar, was measured at 137. The smartest person I know is my grandson whose IQ was measured at 149... but he is still growing.

More than IQ though, do you know your VQ – *your Vitality Quotient*? A healthy life means more than having a high intellectual capacity. It begins with physical strength and vitality but also means filling a hierarchy of physical needs. Holistic health is required to build a happy life.

Determine your Vitality Quotient by questioning whether you feel you are on track on an energy level? Can you do everything you dream of doing? Do you have the resources that promise happiness: Fresh air, clean, abundant water, a wide variety of good foods, comfortable clothing, a secure and stylish shelter? What is limiting

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you? What is missing? Measure your VQ and add what you're missing.

What is your EQ – *your Emotional Quotient*? Life is such that you must constantly adjust to stress and adversity. Can you master your emotions appropriately? As both the body and its brain/mind have to be flexible and resilient in order to meet life's SURVIVE & PROSPER complexities, do you have the strength that comes from a solid emotional core? Do you lose yourself to anger, sadness, fear, or even enthusiasm and elation? What is your EQ? Do you have the right stuff?

What about your SIQ – *your Social Intelligence Quotient*? Behaviorists use the term "social intelligence" when referring to how we concern ourselves with others, and how our skill at building relationships.

Largely, social intelligence reflects your ability to adapt to changes in the world. It is one of the most difficult terms to define in psychology and yet it is one of the most important aspects of human personality. Often summed up as the ability to employ "adaptive strategies", it is characterized as *social courage*. Do you have it? What's your SIQ?

What is your SAQ – *your Spiritual Awareness Quotient*? Science knows both intuition and insight exist because many experiments were conducted, and much data was gathered to support the fact. And then quantum physics offered good explanations for psychic phenomena. Deep wisdom explained existence as limitless oscillations of vibrating energy. In continuum, 4 fundamental forces fashion nuclear energy into what we perceive to be a relatively solid reality...

Aware of it or not, you, me, and "the whole world out there" are not matter or energy, we are BOTH.

Can you reach beyond your personal neurology to access your link to God consciousness? How do you measure your Spiritual Quotient? *Are intuition and magic part of your reality? Can you access PSYCHIC power?*

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What about your SEQ – *Self-Esteem Quotient*? Consider how you devote a tremendous amount of energy - even if much of it is subconscious – to *assembling an image of yourself* that is acceptable - even attractive - to the rest of the world. But how do you really see your inner SELF!

If you have an image of an ideal *self*, it most probably fails to match your reality. Because self-esteem requires you having an image of yourself that you can then esteem, you must at least start with a truthful self-image. It is very important because it allows you to self-correct and thus approach your ideal. The development of a true self requires you to acquire *creative courage*. *Are self-empowered? Do you esteem your higher SELF enough to challenge the unknown? Can you reach the creative intelligence required to travel through the heavens and avoid death? Thinks about that... it's important.*

I'll stop here. Thanks for listening!

Folks, I'll see you next time when I'll start an 11-part series on self-empowerment. In an orderly and logical way, I'll present the facts as I discovered them during my journey after the car accident. I think this series will greatly benefit you. I'll explore how to change – from being reactive to life's conditions, circumstances, and events, to embracing life with passion and personal power.

If you enjoy *The Jungle Times Podcast*, please give it a positive review, subscribe to my Channel, and tell your friends about it.

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Thanks again... I'll see you next time. Adios amigos.